

# **Stony Brook WIC Program**

*WIC is a nutrition education and supplemental food program for low income pregnant, postpartum and breastfeeding women, infants and children up to 5 years of age.*

## **WIC Participants Receive:**

- Free supplemental food packages that may include; infant formula, infant cereal, milk, cheese, eggs, beans, peanut butter, juice, tuna fish, cereal and fresh fruits and vegetables.
- Nutrition education for prenatal and post partum women.
- Help and support with breastfeeding.
- Nutrition education on how to feed infants and children for healthy growth and development.
- Immunization screening and referrals to health care providers.

**Located at Family Service League  
1444 Fifth Avenue, Bay Shore**

*Hablemos Español!*

**Appointments available today!**

**Call: 631-444-5239**



WIC is an equal opportunity program. In accordance with federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.

